

Teresa, diagnosed at age 23

LUPUS!!!!???? What ,Why, How?

I really didn't understand. How could someone like me, young, beautiful, ready to live life to its fullest be hindered with this debilitating disease? I was diagnosed in 2000 at the age 23. I was married with 3 young kids and it seemed as if my life was ending when it should have been beginning. My diagnosis process was not long at all. I had several of the symptoms to show all at once, then with the positive test... it was all a nightmare!

Things started to go down hill with my health. I've experienced blood clots (in leg and lung), pleurisy, high blood pressure, vision problems, heart, kidney & intentional problems, terrible skin rashes, severe female problems, developed Rheumatoid Arthritis, just to name a few. But, I believe the most unbearable part is the PAIN and FATIGUE! I would ache for months with no relief in site, even with taking the multiple number of pills. It has been almost 7 yrs now and after learning more about the disease things are better. I've slowly made lifestyle changes...notice I said slowly. I've learned Lupus is systemic and it reacts on what is put into the body. So a word of advice, pay attention to your body and eliminate what makes it sick.